



**BEM**  
680, cours de la Libération  
33405 Talence Cedex  
France

Tél. : +33 (0)5 56 84 55 55  
Fax : +33 (0)5 56 84 55 00  
info@bem.edu  
www.bem.edu



# International Students Health & Insurance

## 2010/2011



Health & Insurance guide 2010/2011  
<http://www.bem.edu/en/International/International-students>



# HEALTH & INSURANCE

## ■ French National Health Insurance

### ■ Students from Quebec

Students from Quebec are required to come with their **SE401Q106** form in order to be covered by the French National Health Insurance ("Sécurité Sociale Française"). In this case, Quebec students do not have to subscribe to the French National Health Insurance.

### ■ E.U Students for academic stay > 3 months

They are required to come with their **European Card** or **E 128/E 111 form** in order to be covered by the French National Health Insurance. In this case, E.U. students do not have to subscribe to the French National Health Insurance.

### ■ Non-E.U students academic stay > 3 months

They are required to register with the French National Health Insurance upon arrival in France (**only for students who are under 28 years old**). The rate is about 198 € and the registration will be done during the Orientation Day. Please bring the exact amount of money in cash.

**We remind that all international students are required to have a Health Insurance. This is COMPULSORY in order to have your student card delivered and to be admitted in class.**

In the event of sickness, the **French National Health Security** "Sécurité Sociale Française" - <http://www.ameli.fr> - refunds a certain percentage of your expenditure based on set charges called "tarifs de base (TB)" or "tarifs conventionnés (TC)". You bear the remainder of the expenditure unless you have taken out a complementary health insurance that will pay the balance.

### Examples of French complementary Health Insurances:

#### **LA MUTUELLE DES ETUDIANTS (LMDE)**

24, cours de l'Argonne, 33086 Bordeaux cedex

<http://www.lmde.fr/>

<http://www.lmde.com/fileadmin/pdf/international/anglais.pdf>

## VITTAVI

21, place de la Victoire, 33000 Bordeaux  
<http://www.vittavi.fr/>

## AVA

<http://www.ava.fr/>

## CGEA

<http://www.expats-care.com/>

# English-speaking doctors and dentists

## General Practitioners

### Very close to the school:

#### Dr Georges CHAVANE

Compostelle Commercial Center, 33600 PESSAC

#### Without appointment:

Mondays & Wednesdays	10 am to 12 am + 4 pm to 7pm
Tuesdays & Fridays	2 pm to 5 pm
Thursdays	10 am to 12 am + appointments in the afternoon

For appointments or home visits outside these times, call the doctor

Tel: 05 56 80 77 00

Mobile: 06 98 99 44 07

#### Dr Alain BOSREDON

192, cours St Louis, 33000 Bordeaux  
Tel: 05 56 43 15 09

#### Dr Michel GEFFRAULT

56, Bd Georges V, 33000 Bordeaux  
Tel: 05 56 96 76 02

#### Dr Hassine SMIRANI

73, cours Alsace-Lorraine, 33000 Bordeaux  
Tel: 05 56 44 24 94

## Dentist

#### Dr Loïs DE LUSSY

43, bis Allées de Chartres, 33000 Bordeaux  
Tel : 05 56 44 67 94

### **Dr Philippe BORIES**

159, rue Peydavant, 33400 Talence  
Tel: 05 56 80 72 20

### ■ **Psychiatrist**

#### **Dr Chantal HENRY**

Charles Perrens Hospital,  
121, rue de la Béchade, 33076 Bordeaux  
Tel: 05 56 56 34 47

### ■ **Psychologist at BEM**

#### **Florence RUEDAS**

Office located at the General Administration  
Tel: 05 56 84 63 05  
florence.ruedas@bem.edu

## ■ **Emergency numbers - 24 hours a day**

### ■ **Emergency medical help - dial "15"**

In France, **15** is a permanent, free number to call in case of medical emergency. The SAMU (Service d'Aide Médicale Urgente) is usually located in one hospital in each area. A doctor will meet all requests for urgent medical help, with advice, a doctor's visit, by sending an ambulance, or organizing whatever other assistance the situation requires. The SMUR (Service Mobile d'Urgence et de Réanimation) is qualified to give first aid.

### ■ **The police - dial "17"**

You can call **17** at any time – the telephone number for the police – where a direct connection with the emergency services will rapidly transfer your call.

### ■ **The fire brigade - les pompiers: dial "18" - Europe: "112"**

Firefighters in France are qualified to give first aid in an emergency. The fire brigade is an extremely efficient public service reserved for really serious emergencies. The number **18** will connect you to the nearest fire station to your house. In certain cases of personal negligence, the fire service may charge a fee.



## ■ SOS Médecins

There is an SOS medical service with doctors on call 24 hours a day. A doctor will arrive rapidly after your call.

Tel: 05 56 44 74 74

## ■ Anti-poison Center

When a toxic product has been swallowed, call 15. First aid will be given by telephone, while you are waiting for the doctor to arrive.

**Centre Antipoison de Bordeaux**

CHU Pellegrin Tripode – Place Amélie Raba León - 33076 Bordeaux Cedex

Tel: 05 56 96 40 80

**See you soon at BEM!**

